

Iyengar yoga with Sarah, holiday in Dalyan 14 – 21st JUNE 2020



Thanks for expressing interest in my yoga holiday in beautiful Dalyan. Dalyan is a 25 minute journey from Dalaman airport and you can get flights with both Easy Jet and Jet 2.

I will arrange your airport pick up and drop off which costs approximately £25 per taxi. You do not need to pay for this on arrival, you can pay at the end of your holiday in pounds or lira.

We will stay at the beautiful, simple, family run guest house called Likya Pension. It is run by Ahmet and his family. Ahmet speaks excellent English and will captain two fantastic boat trips for us during our stay.

Likya Pension sits on the river and our yoga space and seated areas overlook the river which you can swim in whenever you like. The area is renowned for its nature and particularly its logger head turtles which you can see in the river from Likya Pension. There are a range of twin and double rooms; the whole holiday costs £399 for a shared room or £499 for a room to yourself. This cost covers your



bed and brunch each day and all 10 yoga classes and two evening meals. Tea and coffee is available all day long as there is a kettle in the communal garden/bar area for us all to use. There is Wi-Fi in the communal garden/bar area. The rooms are simple and clean and each room has its own bathroom. There is a small bar in the garden area which sells, water, soft drinks, local beer and fresh local pomegranate juice. The pension next door (which you can access through the garden), has a good coffee machine and they will bring cappuccinos/lattes to our pension. Ahmet will keep a 'tab' running for you all week and you can just pay for your drinks, boat trips, taxis at the end of the week, in either



English pounds or Turkish lira. You just get on with enjoying your holiday from the moment you arrive.

From the guest house it's easy to get to the most beautiful places such as Iztuzu beach, you can arrange a water taxi to pick you up from the hotel and take you on the 30 min journey to the beach. A return ticket costs just a couple of pounds and return 'dolmus', shared water taxi, leaves every 30 mins. There are cafes and beautiful walks at the beach. You can also hire bikes from a shop at the end of the street, again just a couple of pounds a day and you can go off and explore the area yourself, visiting places such as Kaunos, (take your bike on the car ferry or rowing boat!! and bring hiking shoes). Or cycle through the pomegranate fields or even to the beach. The roads are really quiet as you will find most of the 'traffic' on the river.



The town is just 8 – 10 mins walk or a few mins by cycle and there are lots of restaurants, bars, cafes and shops. You can buy lots of local gifts, go to the bank, post office, grab a haircut/ manicure/ pedicure, eat waffles, ice cream and of course, great Turkish food. Or you can avoid the town buzz and just enjoy the peace and quiet of our edge of town location. I cannot emphasize enough the friendly laid back atmosphere in Dalyan.

Sundays are arrival/departure days.

Yoga starts on Monday morning, every morning we have a fantastic post yoga brunch. Yoga classes are twice a day at 8am and then 5.30pm apart from two days where we have trips organised and will have one class a day. The boat trips are fantastic, run by Ahmet and we will see lots of stunning local places with plenty of time to swim or just enjoy the views, or rest on the boat.



See my website for more pictures www.yogaiyengar.co.uk

If you would like to come all you need to do is send me your £150 deposit:

Email me at sarah@yogaiyengar.co.uk for my bank details and confirm receipt.

Now book your flights, the sooner the better! If you want to stay an extra night either side of the dates because flights are cheaper we can help arrange this *

I will ask for full payment by May 2020 (but you can pay me anytime!)**

**I cannot guarantee Likya but other accommodation will it be very close by if not*

***cancellation policy applies: The deposit for any event is non-returnable - unless you find a replacement or there is a waiting list then the deposit can be transferred to them minus a £30 admin fee. In the event of a cancellation within 3 weeks of the start date - full payment is due unless the event is full & a replacement can be found then 65% of cost will be refunded.*